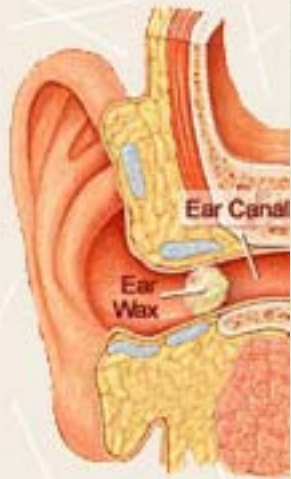


The Ancient Art of Ear Candling



Ear Candling, also known as Ear Coning, is the process of removing built up excess wax from within the ears.

Its ancient origins come to us from the Native American Indians, the Chinese, Egyptians, Mayans, Atlantean and Tibetan cultures. History actually dates it back to the Atlantis and Lemuria era.

How does Ear Candling work & is it safe?

Ear Candling is very safe. Some of the best candles are made from bees wax and organic linen and soaked or treated with herbs. They are hollow in nature and once inserted gently into the ear canal, they draw the wax and bacteria from the ear like a vacuum. The heat from the flames creates a very warm pleasant sensation in the ear area. Some report a feeling of the sinuses opening up, a lighter and less congested feeling and a soothing, warming effect. Others report sensations of a crackling sound and gentle pulling as excess wax is being removed.

As to the frequency some say twice a year while other advocates suggest once a month. Others feel that for severe ear pain/problems, wait at least 48 hours before you do more. It takes the ears about 24 hours to replace their protective coating of wax. It is important that the process not be done on a daily basis.

Some report Ear Candling has helped them with the following problems:

- Sinus congestion • Headaches • Hearing problems • Colds • Flu
 - Sinus infections • Ear aches & infections • Lymphatic congestion
 - Balance & equilibrium • Swollen glands • Sore throats • Detoxification
 - Candida • Allergies • Parasites • Fungus growth • Mucus
- & many more symptoms

DISCLAIMER

No health claims for any products are made by the manufacturer or retailer. We do not represent candling to prevent, cure or alleviate any specific disease or condition. Nor do we assume any liability for negative results believed to occur from ear candling. Everyone's body is different and we do not claim the same results will be experienced by all.

CAUTION: It is not recommended for people with tubes in their ears, punctured ear drums or those who have had recent surgery. Do not attempt this on your self.

When in doubt, consult your personal physician.

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